

**FREE
WHEELCHAIR
MISSION**



Resource Guide



Volume 5



“The King will reply, ‘Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.’” —Matthew 25:40 NIV

EQUIPPING THE NEXT GENERATION

This Free Wheelchair Mission Resource Guide was created by experienced children's and youth ministry leaders as a tool to help you equip the next generation of world-changers and global citizens.

This Resource Guide includes stories, country facts, questions, activities, and more to help kids foster a greater awareness of the world around us, the very real needs that our fellow human beings face each day, and how they can be a part of changing lives!

Use the Free Wheelchair Mission Resource Guide to supplement your next camp, VBS, youth group, or school project.

Our hope is for students to foster a greater awareness of God's heart for the world, which He created and loves, and of the very real needs that our fellow human beings face each day.

One of them is the need for mobility.

An estimated 80 million people in the world—that's one out of every 100 people—need a wheelchair but the majority of them are unable to get one on their own.

That's why Free Wheelchair Mission was founded.

About Free Wheelchair Mission

Free Wheelchair Mission is a humanitarian, faith-based nonprofit that designs and manufactures cost-efficient, durable wheelchairs for individuals living with a disability in under-resourced countries. Whenever possible, wheelchairs are distributed with a message of God's love for the recipient.

In collaboration with a network of like-minded partners, Free Wheelchair Mission has distributed more than 1.5 million wheelchairs to those in need in 95 countries around the world, providing renewed dignity, independence, and hope through the gift of mobility, at no cost to the recipient.

Our mission: To provide the transforming gift of mobility to people with disabilities in developing nations, as motivated by Jesus Christ.



Watch the Free Wheelchair Mission Story video
https://FreeWheelchairMission.org/fwm_story

WHAT'S INCLUDED IN THIS RESOURCE GUIDE?

This edition features five lessons:

- **Day 1: Lotus Blossom in India** (Asia) 6
- **Day 2: Flor in Peru** (South America) 10
- **Day 3: Truong in Vietnam** (Asia) 14
- **Day 4: Antwoine in Jamaica** (The Caribbean) 18
- **Day 5: Nakiwe in Eswatini** (Africa) 22

Each lesson includes:



STORIES: What's it like to live with a disability but not have a wheelchair, in a place that has no paved roads? What if your grandfather had to carry you to school every morning? Personal stories offer insight into the challenges facing individuals who live with a disability in an under-resourced country.



COUNTRY FACTS: Have your students been abroad? Chances are that many of them haven't yet. How can we help them see that life can be very different outside of their hometowns?

Printable "Where in the World" pages of country facts and trivia offer students a better idea of where each lesson story takes place.



QUESTIONS: Intro and follow-up questions within each lesson help students interact, engage in the story, and process what they're learning. (*Possible answers to questions are italicized and in parentheses, provided as a guide for leaders.*)



ACTIVITIES: Most activities in the Free Wheelchair Mission Resource Guide utilize materials that you probably already have on hand. A "What You'll Need" list is provided before each activity for quick reference.



ADDITIONAL RESOURCES: Links to additional stories and resources, including blog posts, videos, and downloadable content such as images from each country for print or on-screen reference, are available on our resource page: https://FreeWheelchairMission.org/resource_guide





LEADER: Good morning, everybody! Welcome to Day One of our mission. For the next five days, we'll be on a mission around the world. It's a long journey, and to help you prepare, we're going to start off with a little bit of a workout. Are you ready?



ACTIVITY: THE MOBILITY CHALLENGE

What You'll Need

Space for students to sit on the ground and move a few spaces in each direction.

Instructions (Leader, to Students)

- Everyone sit “**crisscross applesauce**” on the ground.
- Now, try to move three spaces forward and three spaces back using only your arms and upper body. **No using your legs!**

 **Question:** How difficult would it be if that was how you had to move about each day?

 **Question:** What are some of the places you go to every day? (*School, the grocery store, a friend's house?*) **Now, imagine if you had to get there without being able to use your legs!**



 Did you know that there are 80 million people—or roughly one out of every 100 people in the world—who can't walk and need a wheelchair, but the majority of them can't get one?

Without a wheelchair, they spend their lives being carried by a family member or crawling on the ground just to get anywhere.

Years ago, a man named Doctor Don Schoendorfer (*pronounced “Shown-door-fur”*) and his wife, Laurie, were on vacation in northern Africa when they saw a woman who couldn't walk, struggling to crawl across a busy dirt road while the people around her ignored her.

This broke Doctor Don's heart, so he decided to do something about it.

Doctor Don was an engineer and an inventor of medical devices. He began to design a wheelchair for people like the woman he saw crawling in Morocco, and before he knew it, he had built 100 wheelchairs in his garage!

In 2001, Doctor Don took four of these wheelchairs on a mission trip to South Asia. Do you know where India is?

Where in the world is India?

India is a vast country on the continent of Asia.

With an area of 1.27 million square miles, India is roughly one-third the size of the United States—yet, India is home to more than four times the number of people living in the USA!

The terrain of India ranges from the desert in the west to the jungles in the northeast, from the Himalayan mountains in the north to the coasts of the Arabian Sea on the southwest and the Bay of Bengal on the southeast.

Now that we know a bit more about the land, let's learn more about the people:

- There are **1.3 billion people** who call India their home.
- If you lived in India, you would probably eat a lot of **rice** or **flatbread**, called “naan,” with different curries and sauces that use a variety of spices.
- The majority of people in India worship at **Hindu** temples.
- To talk to your friends in India, you would speak **English** or **Hindi**.
- To greet someone in India, you would say “**Hello**” or “**Namaste**.”
- Or, if you were in southeastern India, you would say “**Vannakam**.”



National Flag
of India

Just the facts:

Population

1.3 billion

Language

Hindi, English

Religion

80.5% Hindu

13.4% Muslim

2.3% Christian

1.9% Sikh

0.8% Buddhist

0.4% Jain



Did you know:

In India, those ages 10-19 form the highest percentage of people with disabilities.



LOTUS BLOSSOM'S STORY

When Doctor Don was in South Asia, he met a young woman named Kamala Gali, which means “Lotus Blossom.”

Lotus Blossom had been born healthy. She was a lively little girl until a high fever left her unable to walk.

Her parents took her to a doctor, who gave her some medicine. Even though Lotus Blossom took every dose, on time, she still couldn't walk after a year of this treatment.



Doctors said she would never walk again.

Her parents were heartbroken. They carried Lotus Blossom home, where she would stay inside almost every day for the next few years. Once in a while, she would pull herself across the floor by her hands and take a peek at the world outside.

One day, Doctor Don showed up at her home with one of the wheelchairs he had built in his garage. When he and his team were leaving for South Asia, they had no idea whom to give the wheelchairs to, so they prayed that God would lead them.

And here they were, at Lotus Blossom's door. A local church had connected them to her.

Doctor Don and the team thought that one of their wheelchairs might be perfect for Lotus Blossom. They lifted her off the ground, and as soon as they placed her in the wheelchair, she burst into a huge grin, pushing herself out the door and into the streets.

Lotus Blossom hadn't been outside for the longest time. She paused to soak it all in: the blue skies, the warmth of the sun, the smiles and laughter of neighbors. Her mother cried tears of joy, for Lotus Blossom would no longer be left to crawl on the ground!

This new wheelchair gave her a newfound sense of freedom and hope.



But this isn't the end of her story. To find out what happens next, watch this video: http://bit.ly/lotus_blossom



QUESTIONS FOR THOUGHT:

1. Can you think of a Bible story in which God led someone to do something they didn't really understand or go to a place they'd never been to before? *(Some examples: Noah, who was called to build an ark in the middle of the desert when no one had ever seen rain before; Abram/Abraham, who was called to go to a place he did not know.)*
2. Imagine not being able to walk and not having a wheelchair. How would you get to school? Play with your friends? How do you think you'd feel each day?
3. Besides Lotus Blossom, who else was affected by the gift the team gave her? *(Her parents, Doctor Don.)* How did it affect them? *(They were blessed by seeing Lotus Blossom off the ground and in a wheelchair.)*



ACTIVITY: GIVING BOX

What You'll Need:

- **Option 1:** a pre-printed Giving Cube from Free Wheelchair Mission.
- **Option 2:** containers for students to decorate, such as a shoe box, cardboard box, recycled milk cartons, tea tins, or plain cardstock boxes available at craft supply shops; markers, crayons, or paint; stickers, printouts, or other decorative elements to affix to giving boxes.

Instructions:

For option 2, have students decorate their own boxes. They can use themes from different countries or draw wheelchairs on them. Show or print out stock images (downloadable via links in the Resource page) of colors, textures, and scenes from wheelchair recipient countries for design inspiration.

Leader, to Students

Keep this box in a place where you'll see it every day, like on your desk, on a bookshelf, or next to your bed. It'll remind you to pray for someone like Lotus Blossom. Write your prayers on a small sticky note or slip of paper. Once you've prayed, put the paper into the box.

You can also use this box to collect coins and bills to donate for a brand-new wheelchair for someone. You can change a life, just like a wheelchair changed Lotus Blossom's life!

Don't forget to show your giving box to family and friends, and explain what the pictures mean. Tell them why you're praying and raising funds for the cause of wheelchairs. Invite them to join you!



LEADER: Good morning! Hope you're ready for Day Two of our mission around the world. But before we begin, let me ask you:

QUESTION: How did you get here today—from your home to the place you're sitting in right now?

[Encourage kids to think about every step of this journey: from bed to front door, from front door to car, from home to church, from parking lot to classroom.]

QUESTION: Now, imagine if you couldn't walk and didn't have a wheelchair or a car. How would you get here, or to school, or even get out of bed?

[They might have to crawl or be carried.]

QUESTION: What if one of your parents had to carry you on their back all the way here from home?

This is what life is like for a lot of kids who live with disabilities, like a little girl named Flor, who lives in Peru.

QUESTION: Do you know where Peru is?



Where in the world is Peru?

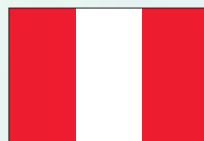
Peru is a mountainous, forested country on the continent of South America.

It has an area of 496,224 square miles, making it slightly larger than the states of Oklahoma, Texas, Arkansas, Louisiana, and Mississippi combined!

Peru is bound by the countries of Ecuador and Columbia in the north, Brazil in the east, Bolivia in the southeast, and Chile in the south. Peru's western coast runs along the Pacific Ocean.

Now that we know a bit more about the land, let's learn more about the people:

- There are **32.5 million people** who call Peru their home.
- If you lived in Peru, you would eat a lot of **potatoes**. Its national dish is **ceviche**, a cold dish with fish marinated in lime juice, onion, salt, and hot chili peppers.
- If you went to church in Peru, you would most likely go to a **Catholic Mass**.
- To talk to your friends in Peru, you would speak **Spanish**.
- To greet someone in Spanish you would say, "**Hola**" (*pronounced OLA—the H is silent*).



National Flag
of Peru

Just the facts:

Population

32.5 million

Language

Spanish

Religion

72.9% Roman Catholic

17.4 % Protestant

9.7% Other or none



Did you know:

About three out of four Peruvians who live with disabilities do not earn any money.



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FLOR'S STORY

Flor is a 12-year-old girl who lives in the Andes Mountains of Peru.

She has three brothers and sisters. Her parents are farmers who grow potatoes and corn, raise sheep and pigs, and make cheese with milk from their cow. Their modest house has no running water, so they have to pump water from a well in the ground.

Flor was born healthy, but when she was six months old, she developed a high fever. Her parents didn't take her to a doctor right away because they couldn't afford it, but after two weeks, Flor got very sick. Her parents finally took her to a doctor, who told them that Flor had meningitis, or a swelling of the brain and spinal cord.

Because of this injury to her brain and nervous system, Flor cannot walk or speak at the same age level as her classmates in fourth grade. Her mother had been carrying her to school, but she wouldn't be able to do so much longer, as Flor is growing and will soon be taller and heavier than her mother.

A team from Free Wheelchair Mission and Camino de Vida Church heard about Flor and prepared a new wheelchair for her. They traveled for three hours, driving up a winding mountain road, to deliver it to her.

Flor giggled with joy when she saw the team unload the wheelchair from the back of their truck.

She was so happy to sit in her very first wheelchair that she broke into song and invited everyone else to sing along with her.



But this isn't the end of Flor's story. To find out what happens next, watch this video:
http://bit.ly/flor_story



QUESTIONS FOR THOUGHT:

1. Why do you think Flor was so happy to get a wheelchair?
2. How might this wheelchair change her life, and also her family's life? *(Flor is more likely to finish school since her mother will no longer have to carry her. Her mother will find relief from having to carry someone who is almost the same weight as her, if not heavier.)*
3. What do you think might have happened if Flor never got a wheelchair, and she grew too big for her mother to carry? *(Encourage students to imagine life without mobility in the rugged highlands of Peru, where there are no paved roads, no running water in the house, and no one around who is strong enough to carry you. How would you get ready for school? How would you get to school? Would you have to crawl on rocky paths? Wouldn't that hurt your hands and knees?)*



ACTIVITY 1: WRITE A LETTER

What You'll Need:

- Blank sheets of paper
- Pencils, markers or crayons
- Envelopes

Instructions:

Ask students to write a letter of encouragement to someone abroad who, like Flor, lives with a disability and is either waiting to receive a wheelchair or is just receiving a new one. Letters don't need to be addressed to anyone specific or to any particular country. Encourage students to decorate their letters and envelopes with markers or crayons and help brighten up someone's day!

At the conclusion of the program, you can send the letters to Free Wheelchair Mission and we will attempt to send them to one of our distribution partners to give along with our wheelchairs.*

**We cannot guarantee which country the letters may end up in or promise that there will be any follow-up from recipients.*



ACTIVITY 2: GIVING BOX FOLLOW-UP QUESTIONS

1. Did you put your Giving Box somewhere you'll see it every day? *(Ask students to share where they placed their Giving Boxes.)*
2. Did it remind you to pray for someone? *(It's not just for people who need wheelchairs. You can use the box to remind you to pray for anyone.)* Whom can you pray for today?
3. Did anyone use the Giving Box to collect spare change? *(Ask students to share where they came up with change: in their piggy banks, under sofa cushions, bake sales, etc.)*



LEADER: Good morning! Hope you're ready for Day Three of our mission. Today, we're heading all the way to the other side of the world. I hope you have the energy!

QUESTIONS: Did you all have breakfast before you came here today?

- How many of you prepare your own breakfast? Show of hands!
- How many of you had someone prepare your breakfast? No judgment here!
- Who made you breakfast this morning? (*Maybe it was mom, dad, grandma, grandpa, a sibling.*)
- Who washed the clothes you're wearing?
- Who takes care of you each day?

In today's story, we'll meet a boy named Truong who loves to go to school but needs lots of help from his grandpa to get there each day. Truong lives in Vietnam.

QUESTION: Do you know where Vietnam is?



Where in the world is Vietnam?

Vietnam is a tropical country on the continent of Asia.

Vietnam covers an area of approximately 127,243 square miles. That's about the size of the states of Ohio, Kentucky and Tennessee combined.

Vietnam is bordered by China on the north, Laos and Cambodia on the West, the Gulf of Thailand and the China Sea on the south, and the Gulf of Tonkin on the East.

Now that we know a bit more about the land, let's learn more about the people:

- There are **96 million people** who call Vietnam their home.
- If you lived in Vietnam, you would probably eat a lot of **rice, seafood, and noodles**.
- Most people in Vietnam worship at **Buddhist** temples.
- To talk to your friends in Vietnam, you would speak **Vietnamese**.
- To greet someone in Vietnamese, you would say, **"Xin Chao"** (*pronounced Sheen Chow*).



National Flag
of Vietnam

Just the facts:

Population
96 million

Language
Vietnamese

Religion
85% Buddhist
8% Christian



Did you know:

Motorcycles outnumber cars by 10-1 in Vietnam, making public transportation more challenging for people who are living with disabilities.



FreeWheelchairMission.org



TRUONG'S STORY

Truong is a nine-year-old boy who lives in the Vietnamese countryside.

He was born with cerebral palsy, a condition that affects his ability to control his muscles. He can't walk, so he needs help to get from place to place.

His parents couldn't find jobs in their town, so they had to move away to the big city for work. They left Truong with his grandfather, who takes care of him.

Every morning, Truong's grandfather helps him get out of bed, brush his teeth, and get ready for school. The family doesn't have enough money to buy a wheelchair for Truong, so his grandfather would carry him to school every day.

This was easier when Truong was younger and little, but as he grows, he's getting heavier. His grandfather would have aches in his arms, shoulders, and back as he carried Truong a half-mile to school and back.

Sometimes, it'd be raining. Hard. Vietnam is a tropical country where it rains a lot, especially

during monsoon season. (*A monsoon is a kind of storm that has heavy winds and rainfall.*) Not only would the rain soak Truong and his grandfather, it would make the dirt roads muddy and slippery.

Truong's grandfather would worry about slipping and falling while carrying Truong to school in the rain.

Thankfully, Truong was given a brand-new wheelchair from Free Wheelchair Mission. Now, Truong's grandfather can push him instead of carrying him. "What a wonderful wheelchair!" said his grandfather. "Now, we can visit friends and relatives, and he can go to school more easily."

Truong is a good student and a fast learner. His best subject is math. Truong's dream is to finish school and get a job so that he can support himself.

Now that he has his own wheelchair, that dream is closer to becoming a reality.





QUESTIONS FOR THOUGHT:

1. Imagine if one of your parents or grandparents had to carry you everywhere: from your bed to the bathroom, from your home to your school... In the rain... On muddy roads... How would you feel? How do you think your parent or grandparent would feel?
2. How do you think Truong felt when he got the wheelchair after never having one in his life? How do you think his grandfather might have felt?
3. Truong's dream is to finish school and get a job. How might a wheelchair help make this dream come true?
4. How does God feel about people living with disabilities, like Truong? *[Read the story of David and Mephibosheth from 2 Samuel 9. Mephibosheth, who was lame in both feet (v. 3), referred to himself as "a dead dog" (v. 8) and was the grandson of David's enemy, Saul, but David accepted Mephibosheth to eat at the King's Table like one of his own sons (v. 11). If David is a man after God's own heart, how might David's actions towards Mephibosheth reflect God's heart?]*



ACTIVITY: DESIGN A MOBILITY DEVICE

What You'll Need:

- Blank paper
- Pencils, markers, or crayons

Optional:

- Pipe cleaners, popsicle sticks, glue
- Blank CDs or other wheel-shaped items

Instructions:

People like Truong live in areas that see heavy rainfall, resulting in muddy or flooded roads. What kind of mobility aid can students come up with to deal with these sorts of factors? Let their imaginations run wild as they devise wheelchairs, vehicles, or other devices that help people living with disabilities, like Truong, get from home to school during heavy rains.

- For a simpler activity, have students draw and color their inventions on blank paper.
- For a more involved activity, have students build their all-terrain, all-weather mobility devices out of pipe cleaners or popsicle sticks, using round objects like blank CDs for wheels. Encourage creativity!





LEADER: Good morning! It's Day Four of our mission with Free Wheelchair Mission!

 **QUESTION:** What continents have we visited so far? (*Asia, South America.*)

 **QUESTION:** Today, our mission takes us to a country called Jamaica. Do you know where Jamaica is?



Where in the world is Jamaica?

Jamaica is a country in the Caribbean that covers 10,991 square miles.

This is roughly half the size of New Jersey and slightly smaller than Connecticut.

Jamaica is an island in the Caribbean Sea, south of Cuba, off the coast of Central America.

Now that we know a bit more about the land, let's learn more about the people:

- There are **2.8 million people** who call Jamaica their home.
- If you lived in Jamaica, you would probably eat a lot of spicy dishes made with **meat, seafood, and vegetables**.
- If you went to church in Jamaica, you would most likely go to an **Pentecostal church**.
- To talk to your friends in Jamaica, you would speak **English with a Jamaican patois**.
- To greet someone in Jamaica, you might say, "**Wah gwaan**" (*which means "What's going on?"*).



National Flag of Jamaica

Just the facts:

Population

2.8 million

Language

English, Jamaican

Religion

67% Christian

21.3% None

1.1% Rastafarian

10.6% Other



Did you know:

The island of Jamaica sits on top of a huge underwater mountain.



FreeWheelchairMission.org



ANTWOINE'S STORY

Antwoine is a brave and kind-hearted 13-year-old who lives in Jamaica.

His life hasn't been easy. He faced many challenges because of his disability and appearance, which caused him to feel isolated and endure cruel bullying from others.

You see, Antwoine was born premature and had cerebral palsy, a condition that keeps him from walking. On top of that, he suffered from vitiligo, a skin condition that created patches without color on his skin. These differences made him an easy target for bullies who didn't understand his unique qualities.

The hurtful bullying became so severe that Antwoine felt forced to withdraw from school and spend his days in isolation at home.

This was a terribly sad situation. "If you had the chance to talk to him, you would see how truly remarkable Antwoine is," said a family friend. "He's a wonderful young man, full of courage and strength."

One day, everything changed for Antwoine when he received a specially designed wheelchair that suited his needs perfectly. This incredible gift would give him greater mobility and open up a world of possibilities.

When Antwoine sat in his new wheelchair, for the first time, he was overwhelmed with gratitude and couldn't help but offer a heartfelt prayer of thanksgiving and blessings for the people who had made it all possible.

"Antwoine's prayer was so powerful," said one of the team members who gave him the new wheelchair. "It was as if he were already a pastor. His prayer inspired and reminded us all why our work has such a transformative power. Antwoine is a true source of inspiration for us."



With his new wheelchair and a brighter outlook on life, Antwoine has a renewed sense of freedom and independence. His courage and resilience show us that no matter the challenges we face, there is always hope and the power to overcome.

More importantly, Antoine's story teaches us the importance of kindness and empathy, and shows us the difference that a simple act of compassion can make.



QUESTIONS FOR THOUGHT:

1. How do you think Antwoine felt when he was bullied because of his disability and appearance? How do you think Jesus would treat someone like Antwoine?
2. In the story, Antwoine withdrew from school and isolated himself because of the severe bullying he faced. Why do you think bullying can have such a negative impact on a person's life and well-being?
3. After receiving his new wheelchair, Antwoine offered a prayer of thanksgiving and blessings, touching the hearts of everyone who heard it. How does his story remind us of the importance of prayer and giving thanks to God? What can you give thanks to God for today?



ACTIVITY: THANK-YOU CARDS

What You'll Need:

- Blank greeting cards made of French-folded (AKA quarter-folded) colored paper
- Markers or crayons
- Optional invitation-sized (A2, or 4 3/8" X 5") envelopes

Instructions:

Ask kids to write thank-you letters to someone to express their gratitude for something they have done. Then, ask them to write thank-you letters to express their gratitude to them.

- Encourage students to write more than just a simple thank-you: to thank someone for something specific that they do or have done. For example, "Thank you for helping me get ready for school every morning," or "Thank you for always being there when I need someone to talk to."





LEADER: Good morning! We made it to Day Five of our mission with Free Wheelchair Mission! What places have you learned about so far? *(Recap the first four stories with students.)*

Lotus Blossom, Flor, Truong, and Antoine live in places where they don't have the same resources as we do. In fact, the majority of people in the world live on far less than we do here in the United States.

Did you know that one out of every ten people in the world live on less than \$2 a day?

 **QUESTION:** What could you buy for \$2? *(Help kids get a sense of how relatively little one can buy locally for \$2. Maybe they can buy a can of soda or a pack of gum. Hear them out and see what they've been able to buy for \$2.)*

Now, imagine walking into a dollar store and having to buy all the food and necessities you need for a whole day with just two dollars!

 **QUESTION:** What else do you need throughout your day besides food? *(Clothes? Soap? School supplies?) Do you think you could buy everything you need for a whole day with just \$2? (There are costs that some students might not think of, like fuel for their family vehicles, housing, utility bills, and health care.)*

For those who live on \$2 a day, buying a wheelchair is a dream that might never come true.

A little girl named Nakiwe desperately wanted a wheelchair, but never dreamt that she'd ever get one. Her mother is a humble farmer in a country called Eswatini.

 **QUESTION:** Do you know where Eswatini is?



Where in the world is Eswatini?

Eswatini is a small country in Africa that is surrounded by the countries of South Africa and Mozambique.

The land covers 6,704 square miles, making it slightly smaller than the state of New Jersey. Although Eswatini is landlocked, having no access to the ocean, the landscapes range from cool mountain highlands to hot, grassy plains where you might see lions, elephants, and hippos.

Most of Eswatini's people live in rural areas, where they struggle to grow enough food to eat. The land suffers frequent droughts, and when it does rain, it pours so hard that it often floods. There are only small plots of land to farm on, and livestock compete for limited grazing lands.

Now that we know a bit more about the land, let's learn more about the people:

- There are more than **one million** people who call Eswatini their home.
- If you lived in Eswatini, you might eat a lot of **sorghum or maize**.
- To talk to your friends in Eswatini, you would speak **English or Siswati**.
- To greet someone in Eswatini, you would say, **"Hello."**



National Flag of Eswatini

Just the facts:

Population
1.1 million

Language
English
Siswati

Religion
40% a blend of Christianity and Swazi traditional beliefs
30% Protestant
20% Roman Catholic
8% Other
2% Islam



Did you know:

Eswatini has one of the lowest life expectancies in the world, ranking at number 215 out of 223 countries.



NAKIWE'S STORY

Nakiwe, a 10-year old girl in Eswatini, searched everywhere for her favorite shirt.

It was pink—her favorite color. She usually knew where to find it: in a basket of folded clothes that she kept near her bed, but it wasn't there.

Then, she remembered that she had washed it a few days earlier and had her mother hang it out to dry. Nakiwe liked to help around the house, doing laundry, cooking, and feeding the chickens.

Nakiwe wants to do as much as she can by herself. Her mother works hard out in the fields and must often leave her alone at home. Her mother worries a lot, though, because Nakiwe can't walk.

The little girl was born with a condition that weakened her legs. She can move them a little, but she can't stand up or walk. Her

mother would have to carry her places, but when Nakiwe was home alone, there was no one to carry her. She would have to crawl to get from her bed to the kitchen, from the kitchen to the bathroom.

But all of that would change today. That's why she wanted to wear her favorite, pink shirt for this special occasion: on this day, she would get a new wheelchair from Free Wheelchair Mission.

With this new wheelchair, Nakiwe's mother can push her to school—a three-mile trip each way—where her favorite subject is writing.

"I don't have to worry so much when I'm working in the fields," said Nakiwe's mother, "because I know that my little girl will be safe in her wheelchair and can move around the house by herself. Thank you."





QUESTIONS FOR THOUGHT:

1. We've heard five stories of lives that have been transformed by a wheelchair, but do you remember how it all started, back on Day 1?

(It all began when Doctor Don was moved to do something about a need he saw. It all started with him building one wheelchair in his garage. Then, he gave away four wheelchairs in South Asia. Then, with God's favor, he started giving away hundreds, then thousands, and now, more than 1.5 wheelchairs he created have been given away to people in 95 countries!)

2. In the Bible, the Lord says, *"For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me"* (Matthew 25:35-36 NIV). When we help someone in need, it is as if we are serving God Himself. Can you think of something you can do to help someone else—maybe someone you know at school, or a neighbor? Maybe it's someone you've never met, halfway around the world. What can you do to bless someone else? *(Students' answers will be part of the activity that follows.)*



ACTIVITY: CREATE AN ACTION PLAN!

What You'll Need:

- Imagination
- Blank paper, any color, folded in half or quarters to make a booklet. (Cardstock might work better for half-folds.)
- Pencils or other writing utensils

Instructions:

1.  **LEADER, TO STUDENTS:** Decorate the cover with the name of a person, a country, an organization, or a cause like disability that you'd like to create a plan for. Decorate the cover however you'd like!
2. Start writing out your action plan on the inside pages. Think through ways you can take action to help that person, place, organization, or cause—for example, maybe there's someone new at school who hasn't made many friends yet. You could write, "I will make friends with *(name)* by sitting with them at lunch, talking to them, and inviting them to play at recess." *(Leaders, encourage students to write out tangible goals. If they're going to fundraise for a cause, have them write out their "business plans," such as steps to take to hold a bake sale.)*
3. When you're finished with your action plan, take it home, but don't put it away! Show your parents what you plan to do, and most importantly, start doing it! If Doctor Don didn't start building wheelchairs in his garage, he would never have given away his first wheelchair, much less the millionth wheelchair. It all begins with one step!

THROUGH PRAYER, ACTION, AND GIVING, THE NEXT GENERATION CAN MAKE A DIFFERENCE!

Fundraising is one way to provide students with a tangible, obtainable goal to strive towards. Every \$108 they raise will provide a wheelchair to someone living with a disability in a developing country. Kids can change lives this way!

The gift of a wheelchair can transform lives—not only for individuals who live with disabilities, but for their families, neighborhoods, churches, schools, and communities, too.

FUNDRAISING IDEAS

Our youngest ambassadors are often the most creative fundraisers. They've held bake sales, sold handmade bracelets, made videos, and more, all to raise awareness and funds for the cause of mobility.

Encourage students to come up with different ways they can raise money to help provide a wheelchair to someone.

Here are a few ideas to get you started:

- Give each student a Free Wheelchair Mission Giving Cube. If your church or school hasn't already received them, please contact us with a request.
- Or, provide fun containers such as tea tins or recycled milk cartons for children to decorate and create their own giving boxes. For design inspiration, download images of scenes from wheelchair recipient countries at FreeWheelchairMission.org/resource_guide.
- Encourage children to deposit loose change into the giving boxes.
- Create teams and have each one “adopt” one of the countries highlighted in the Free Wheelchair Mission Resource Guide. Create a friendly competition to see which team can raise the most money. At the end, emphasize the number of lives that will be transformed as a result of each team's efforts.
- At the end of your camp, competition, or campaign, announce the total number of “people lifted up and off the ground” through the gift of mobility provided by the children.
(\$108 = 1 person receiving a wheelchair)
- After the children have raised money for free wheelchairs, have them share their experiences with the rest of the church and ask adults to match the amount they've raised.



DONATIONS CAN BE SUBMITTED TO FREE WHEELCHAIR MISSION IN THE FOLLOWING WAYS:

1. Online: FreeWheelchairMission.org/donate
2. Set up an ambassador's page that allows your church or school to track fundraising progress while sharing stories and encouraging one another. For more information or to create a page, visit FreeWheelchairMission.org/ambassador.
3. Send a check to:
Free Wheelchair Mission
15279 Alton Parkway, Suite 300
Irvine, CA 92618

QUESTIONS?

Please contact Kecia Jones, Development Officer, Church Relations at 949-637-8355.

BLESSINGS AS YOU GO AND MAKE A DIFFERENCE IN THE WORLD!



**FREE
WHEELCHAIR
MISSION**



FreeWheelchairMission.org